



Heart Healthy

At WellCare, we value everything you do to deliver quality care to our members – your patients – to make sure they have a positive health care experience. That’s why we’re asking you to join us in giving your patients optimal care to help improve quality scores!

WellCare’s Quality Improvement Program monitors multiple measures that reflect your patients’ experiences and health. The following measures are used to reflect the quality of patient care.

Statin Therapy for People with Cardiovascular Disease

Prescribe statin drugs for patients with cardiovascular disease. Consider a 90-day supply to improve adherence.

Select lowest-tier medications from the formulary for your patient. Use our formulary search tool at www.wellcare.com and identify the best medication.

Consider prescribing the medication electronically to the patient’s pharmacy of choice.

Make it easier for the patient to adhere to treatment by prescribing a 90-day supply, mail order or auto-refills, especially for patients stable on therapy.

(continued on back)

The Stars Score

is an overall summary of many of these measures, and Pay-for-Performance (P4P) provider incentives may be impacted. You can help us improve scores by taking the actions suggested. We’re here to help. Please contact your Provider Relations representative if you have questions or need assistance.

**Quality care is a team effort.
Thank you for playing a starring role!**

 **WellCare**
Beyond Healthcare. A Better You.

Controlling Blood Pressure

Schedule quarterly visits with your patients with hypertension and help them control their blood pressure.

Encourage patients to make healthy lifestyle changes to help control their blood pressure:

- Achieve and maintain a healthy body weight.
- Participate in some form of physical activity each day.
- Reduce salt intake to 1500 mg a day. Beware of fast foods and prepackaged, processed foods, which are often high in salt.
- If blood pressure remains out of control, consider medication therapy to assist in control.

Medication Adherence for Hypertension

Please remind your patients about medication adherence and help them understand the importance of each medication and why they take it.

These points can help improve adherence:

- Talk with your patients about adherence and identify their barriers.
- Reduce pill burden when appropriate and help your patient set reminders and routines.
- Make sure patients understand the instructions for taking the medication.
- If cost is an issue, consider lower-tier medications in the same drug class.
- Write 90-day supplies for patients who are stable at their current dose.

Medication Adherence for Cholesterol (Statins)

Utilize the RxEffect portal to easily identify patients with high cholesterol who require medication adherence support.

Consider statin drug therapy for high-cholesterol patients. Statin drugs help lower cholesterol and reduce the risk of cardiac events and stroke.

These drugs will help your patients only if taken correctly.

