

# **2024 Medicare Pharmacy Quality Measures**



# Mississippi Wellcare Contacts

### **Quality Department**

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### Pharmacy Department

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# Multi-Prong Approach to Improving Adherence







### 2024 P4Q & Rx Effect Incentives

P4Q Program Measure	Amount Per
Med Adherence - Diabetes Meds	\$75
Med Adherence - RASA Blood Pressure Meds	\$50
Med Adherence - Statins	\$75
GSD - Diabetes HbA1c ≤ 9%	\$75
CBP - Controlling High Blood Pressure <140/90	\$25
SUPD - Statin Use in Persons With Diabetes	\$75
SPC - Statin Therapy for Patients with CVD	\$50
BCS – Breast Cancer Screening	\$75
COA - Care for Older Adults – Pain Assessment*	\$25
COA - Care for Older Adults – Review*	\$25
COL - Colorectal Cancer Screen	\$50
EED - Diabetes - Dilated Eye Exam	\$25
FMC – F/U ED Multiple High Risk Chronic Conditions	\$50
OMW - Osteoporosis Management	\$50
TRC – Medication Reconciliation Post Discharge	\$50
TRC – Patient Engagement after Inpatient Discharge	\$50
Total	\$825

#### **P4Q (Partnership for Quality):** Up to \$825 bonus opportunities

- ➤ Medication Adherence Total \$200
  - \$75 Diabetes Meds
  - \$50 RASA Blood Pressure Meds
  - \$75 Statins
- ➤ Med adherence impacts blood pressure & diabetes control
  - \$75 Diabetes HbA1c ≤ 9
  - \$25 Controlling High Blood Pressure <140/90
- > \$75 SUPD Gap Closure
- > \$50 SPC Gap Closure

**RxEffect**: Bonus amounts to be announced ~August









SUPD

SPC

# What Medications are in the Adherence Measure?

#### **RASA Blood Pressure**

**ACE-inhibitor:** Generic drug name ends in "pril" (benazepril, lisinopril, etc)

**ARBs:** Generic drug name ends in "sartan" (candesartan, losartan, etc)

#### Direct Renin inhibitor: Aliskiren

Aliskiren tab

Benazepril HCl tab/cap (+H/A)

Candesartan Cilexetil tab (+H)

Captopril tab (+H)

Edarbi tab

**Edarbyclor tab** 

Enalapril Maleate tab (+H)

Fosinopril Sodium tab (+H)

Irbesartan tab (+H)

Lisinopril tab (+H)

Losartan Potassium tab (+H)

Moexipril HCl tab

Olmesartan Medoxomil tab (+H/A)

Perindopril Erbumine tab

Quinapril HCl tab (+H)

Ramipril cap

Telmisartan tab (+H/A)

Trandolapril tab

Valsartan tab (+H/A)

#### **Diabetes**

Patients on insulin are EXCLUDED from the Diabetes measure

#### Bydureon Bcise auto inj

Farxiga tab
Glimepiride tab
Glipizide tab
Glipizide ER tab

Glipizide-Metformin tab

Glyxambi tab Invokamet tab Invokamet XR tab

Invokana tab
Janumet tab
Janumet XR tab

Janumet XK (ab

Jardiance tab
Jentadueto tab

Jentadueto XR tab

Metformin ER Osmotic tab

#### Metformin HCl tab

Metformin HCl ER tab

#### Mounjaro pen inj

Nateglinide tab

#### Ozempic pen inj

Pioglitazone HCl tab

Pioglitazone-Glimepiride tab

Pioglitazone-Metformin tab

Repaglinide tab

Rybelsus tab

Synjardy tab

Synjardy XR tab

Tradjenta tab

Trijardy XR tab

Trulicity pen inj

Victoza pen inj

Xigduo XR tab

### **Statins**

Generic drug name ends in "statin"

#### Altoprev tab

Amlodipine-Atorvastatin tab Atorvastatin Calcium tab

#### **Ezallor Sprinkle cap**

Ezetimibe-Simvastatin tab

Fluvastatin ER tab

Fluvastatin Sodium cap

#### Livalo tab

Lovastatin tab

Pravastatin Sodium tab

Rosuvastatin Calcium tab

Simvastatin tab

**Zypitamag tab** 

Note: List may not be all inclusive, only includes medications on at least one MAPD/PDP formulary; Brand name drugs are in Bold (+ H) = combination product with Hydrochlorothiazide available; (+A) = combination product with Amlodipine available



# Co-Pay Cost Savings - New in 2024!

### 100-day supply

- Saves time and money! Fewer trips to the pharmacy and an additional <u>+10-day</u> supply for the <u>SAME</u> price as a 90-day supply.
- For members with Low Income Subsidy (LIS) aka "Extra Help", copay for a 100-day supply is the <u>SAME</u> as a 30-day supply
- Applicable at any Wellcare in-network pharmacy for all NON-specialty tiers
- Express Scripts Mail Order 1-833-750-0201 (TTY: 711)
  - Co-pay with Express Scripts for a 90 or 100-day supply is the <u>SAME</u> as a <u>60-day</u> supply (save a 30-day co-pay)



# Co-Pay Cost Savings - New in 2024!

**Express Scripts Pharmacy®** replaced CVS Caremark Mail Order® as the **preferred mail order** provider. Co-pay with Express Scripts for a 90 or 100-day supply is the **SAME** as a **60-day** supply (save a 30-day co-pay)

### ePrescribing:

Express Scripts Home Delivery NCPDP ID 2623735 4600 North Hanley Road St. Louis, MO 63134 For questions related to ePrescribing: 1-800.211.1456 or email <a href="mailto:ePrescribing@express-scripts.com">ePrescribing@express-scripts.com</a>

### 4 ways for patients to register for Express Scripts Mail Order:

- Phone: 1-833-750-0201 (TTY: 711) 24 hours a day, 7 days a week
- Online: https://www.express-scripts.com/rx
- Mobile App: https://www.express-scripts.com/mobile-app
- Mail: Complete the Express Scripts Pharmacy form (attached or at https://www.wellcare.com/en/mail-orderservice)





(Enalish)

Mail Order Form Mail Order Form (Spanish)

### OTC Benefit - New in 2024!

Pre-loaded **Wellcare Spendable**<sup>TM</sup> **Visa** card may be used for over the counter (OTC) items such as blood pressure monitoring device, pill planner, etc. Amount varies based on plan.

Replacement Wellcare Spendable<sup>TM</sup> Visa cards can be ordered by calling Healthy Benefits+ at 1-855-744-8550

3 ways for patients to use their Visa card for OTC items:

**PHONE:** Use OTC brochure to call 1-855-744-8550 (TTY 711)

**ONLINE:** member.wellcare.com or use the Healthy Benefits+ app **IN-STORE:** Retailers such as Walgreens, CVS, Walmart or Kroger

Contract	Plan Benefit Package	Plan Name	Pre-loaded Wellcare Spendable™ Visa card may be used for OTC items	
H0074	001	Wellcare No Premium Open (PPO)	\$22/ month	
H0074	004	Wellcare Dual Access Open (PPO D-SNP)	\$100/ month	
H1416	026	Wellcare Low Premium (HMO-POS)	\$76/ quarter (expires at end of quarter)	
H1416	034	Wellcare Dual Access (HMO D-SNP)	\$180/ month	
H1416	044	Wellcare Dual Liberty (HMO D-SNP)	\$210/ month	
H1416	060	Wellcare Patriot Giveback (HMO-POS)	\$82/ quarter (expires at end of quarter)	
H1416	065	Wellcare Giveback (HMO)	\$40/ quarter (expires at end of quarter)	
H1416	068	Wellcare Assist (HMO)	\$35/ month	
H1416	070	Wellcare No Premium (HMO)	\$29/ month	
H1416	071	Wellcare No Premium (HMO)	\$27/ month	
H1416	072	Wellcare No Premium (HMO)	\$29/ month	
H1416	081	Wellcare All Dual Assure (HMO D-SNP)	\$40/ month	

# Addressing Barriers to Adherence

#### **Co-pay cost savings**

- 100-day supply
- Express Scripts Mail Order 1-833-750-020, <a href="https://www.express-scripts.com/rx">https://www.express-scripts.com/rx</a>

### Re-enforce benefits of treatment. Ensure patients "know their numbers"

- Blood pressure cuff (see attached OTC brochure)
- Blood sugar Glucometer (see attached Glucometer flyer)

### **Simplify Medication Regimen**

- Pill box (see attached OTC brochure), align pill taking time with a daily activity (ex: coffee, etc), or use smart phone reminder/set an alarm
- Once daily, morning dosing if appropriate





# Addressing Barriers to Adherence

#### **Statins - Consider morning dosing to improve adherence**

It was often recommended to take statin in the evening because the body produces more cholesterol during the night, and taking the medication at this time may be more effective. However, taking a statin in the morning is also acceptable, especially if it has a **long half life** (**rosuvastatin**, **atorvastatin**) and if it is more convenient for the patient.

Statin	Formulary *Generic is the formulary option unless noted otherwise	Optimal time of administration	Moderate - High intensity dose	Statin-associated adverse muscle event
Rosuvastatin (Crestor)	Low co-pay, tier 6	Anytime	5-40 mg	Trial of alternate day or less frequent dosing
Atorvastatin (Lipitor)	Low co-pay, tier 6	Anytime	10-80 mg	Trial of alternate day or less frequent dosing
Pravastatin (Pravachol)	Low co-pay, tier 6	Night	40-80 mg	Less likely to cause muscle toxicity
Fluvastatin IR & ER (Lescol)	Low co-pay, tier 6	Night	40-80 mg	Less likely to cause muscle toxicity
Simvastatin (Zocor)	Low co-pay, tier 6	Night	20-40 mg	Trial of alternate day or less frequent dosing
Lovastatin (Mevacor)	Low co-pay, tier 6	Night	40 mg	Trial of alternate day or less frequent dosing
Pitavastatin (Livalo , Zypitamag)	Livalo - Higher co-pay, tier 4 Zypitamag - Higher co-pay, tier 4 & Step Therapy Generic pitavastatin is non- formulary as of 3/22/24	Anytime	1-4 mg	Trial of alternate day or less frequent dosing





### Adherence: PDC ≥ 80%

#### How is adherence measured?

Medicare calculates adherence as a **Proportion of Days Covered (PDC)** ≥80%

$$\frac{PDC}{Days in the Reporting Interval}$$

Why PDC ≥80%? One of the most important ways patients can manage their health is by taking medication as directed. The PDC threshold of ≥80% is the level at which medication has a reasonable likelihood of achieving most of the potential clinical benefit.

### Adherence: PDC ≥ 80%

#### Example #1

First fill: January 1st

Adherence PDC ≥80%  $\rightarrow$  365 days x 0.80 = 292 days of medications to be adherent

NON-adherence PDC <80%  $\rightarrow$  max of 20% "missed days"  $\rightarrow$  365 days x 0.20 = 73 "missed days" of medications to be NON-adherent

### Example #2

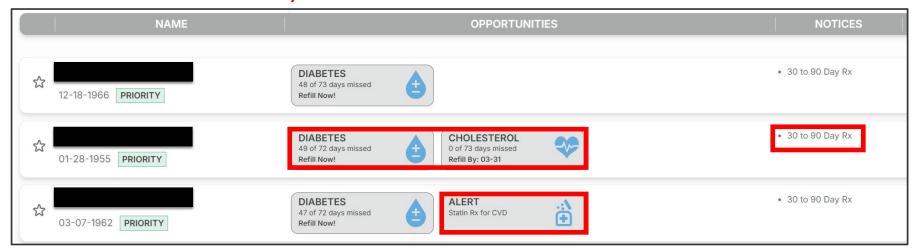
First fill: May 5th

Adherence PDC ≥80% → 241 days x 0.80 = 193 days of medications to be adherent

NON-adherence PDC <80%  $\rightarrow$  max of 20% "missed days"  $\rightarrow$  241 days x 0.20 = 48 "missed days" of medications to be NON-adherent

### **RxEffect**

RxEffect uses "missed days" to measure adherence





# RxEffect - Data Analytics to Prioritize Patient List



Majority of members are adherent without intervention (~50%)<sup>1,2</sup>



Some members just need reminder/general programs (~30%)



Some (risk) members are resistant to reminder/general programs and need provider engagement (~20%)

- Calling ALL patients wastes time and resources since some of those patients will be adherent without intervention
- RxEffect uses **predictive analytics** to choose a subset of the most at risk patients to optimize outreach efforts. Patients at risk of non-adherence who need intervention are *prioritized* to the top, patients not at risk are *not* listed
- RxEffect prescription claims data daily and new patient list is refreshed weekly on Thursdays



# **Next Steps**

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