Preventive Health Screenings By Age

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Vaccinations Disease Screenings Cancer Screenings	Age to Administer (0 10 20 30 40 50 60 70 80)	Frequency
Flu Vaccine	6 Months Old – 80+ Years Old	Everyone ages 6 months and older should get one dose annually.
Blood Pressure Screening	18 – 85	Members with hypertension (high blood pressure) or DM (Diabetes) need screening annually.
Colorectal Cancer Screening	45 – 75	Colorectal cancer screening as follows: • FOBT annually • Stool DNA every three years • CT Colon every five years • Flex Sig every three years • Colonoscopy every 10 years
Med Review, Functional Status, and Pain Assessed	66+	Medication review, functional status assessment, and pain assessment annually.
Follow Up After ER for Those DX with Chronic Conditions	18+	Follow-up should occur within seven days.
Diabetes Screening	18 – 75	Hemoglobin A1c, diabetic eye exam, and kidney function should be done annually at minimum.
Breast Cancer Screening	40 – 75	Women should have their first mammogram between ages 40 and 50, repeated every one to two years until 75.
Follow Up After Hospital Stay	18+	Follow up after hospital stay — within 30 days.
Osteoporosis Screening	67 – 85	Women who need DEXA or drug treatment for osteoporosis should have their first DEXA bone scan at 65.

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