



## Children's Medical Services Health Plan 2019 Healthy Behaviors Annual Evaluation

Children's Medical Services (CMS) Health Plan believes that healthy behaviors lead to good medical care. Managing health needs, improving habits that affect health and taking advantage of preventative screenings are important. CMS Health Plan members making healthy choices are rewarded when completing a healthy behavior. Our program includes rewards for these activities:

- Smoking/tobacco cessation
- Weight loss program
- Alcohol and substance abuse recovery
- Well-child and adolescent visits
- Prenatal and postpartum care
- Women's screenings
- Diabetes management

The table below shows how many CMS Health Plan members enrolled in our programs from July 1, 2018 through January 31, 2019.

Focus Area	Activity Criteria	Reward	Eligibility / Target Population	Enrolled
<b>Medically Approved and Directed Programs</b>				
<b>Medically Approved Smoking/Tobacco Cessation Program</b>	<ul style="list-style-type: none"> <li>• Completion of at least three successful interactions with a health coach; or</li> <li>• Completion of approved smoking cessation program</li> </ul>	\$0	Members, ages 13 and older, who have a tobacco/nicotine dependency	4
<b>Medically Approved Weight Management Program</b>	<ul style="list-style-type: none"> <li>• Completion of at least six successful interactions with a health coach; or</li> <li>• Completion of approved weight loss program</li> </ul>	\$0	Members, ages 13 and older, diagnosed as being morbidly obese and/or diabetic	185
<b>Substance Use Disorder Program</b>	<ul style="list-style-type: none"> <li>• Completion of successful interaction with a health coach and acceptance of referral to a community treatment program; or</li> <li>• Completion of approved substance abuse program</li> </ul>	\$0	Members, ages 13 and older, diagnosed with an alcohol or substance use dependency	9

\* Between June 1, 2018 and January 31, 2019, CMS Health Plan was not authorized to offer rewards to members.



The table below shows how many CMS Health Plan members enrolled in our programs from February 1, 2019 through June 30, 2019.

Focus Area	Activity Criteria	Reward	Eligibility / Target Population	Enrolled
<b>Medically Approved and Directed Programs</b>				
<b>Medically Approved Smoking Cessation Program</b>	<ul style="list-style-type: none"> <li>• Completion of at least three successful interactions with a health coach; or</li> <li>• Completion of approved smoking cessation program</li> </ul>	\$10	Members, ages 13 and older, who have a tobacco/nicotine dependency	0
<b>Medically Approved Weight Management Program</b>	<ul style="list-style-type: none"> <li>• Completion of at least six successful interactions with a health coach; or</li> <li>• Completion of approved weight loss program</li> </ul>	\$10	Members, ages 13 and older, diagnosed as being morbidly obese and/or diabetic	0
<b>Substance Use Disorder Program</b>	<ul style="list-style-type: none"> <li>• Completion of successful interaction with a health coach and acceptance of referral to a community treatment program; or</li> <li>• Completion of approved substance abuse program</li> </ul>	\$10	Members, ages 13 and older, diagnosed with an alcohol or substance use dependency	0
<b>New Member Healthy Behavior Engagement Programs</b>				
<b>Initial Primary Care Provider (PCP) Visit</b>	Completion of initial PCP visit within 90 days of enrollment	\$10	All new members	0
<b>Children's Healthy Behavior Engagement</b>				
<b>Well-Child: 0-15 Months</b>	Completion of a well-child visit per periodicity schedule (up to 6 visits)	\$10	Members, ages 0-15 months	0
<b>Annual Well-Child: 3-6 Years</b>	Completion of annual well-child visit	\$20	Members, ages 3 to 6 years old	0
<b>Annual Primary Care Provider (PCP) Visit 5-16 years*</b>	Completion of annual PCP visit	Backpack	Members, ages 5 to 16 years old	0

Focus Area	Activity Criteria	Reward	Eligibility / Target Population	Enrolled
<b>Annual Adolescent Check Up: 12-20 Years</b>	Completion of annual adolescent visit	\$20	Members, ages 12 to 20 years old	0
<b>Healthy Pregnancy Engagement</b>				
<b>First Prenatal Care Visit</b>	Completion of initial prenatal visit during first trimester	\$20	Pregnant members	0
<b>Second Prenatal Care Visit</b>	Completion of second prenatal visit	Stroller, portable playpen, car seat, or 6-pack of diapers	Pregnant members	0
<b>Postpartum Care Visit</b>	Completion of postpartum visit 21-56 days after the birth of their baby.	\$20	Pregnant members	0
<b>Chronic Care Management for Diabetes Programs</b>				
<b>Annual Eye Exam</b>	Completion of annual eye exam	\$20	Members, ages 18 to 20, identified with a diagnosis of diabetes	0
<b>Annual Ab1A1C Control</b>	Completion of HbA1C lab test	\$20	Members, ages 18 to 20, identified with a diagnosis of diabetes	0
<b>Blood Pressure Control</b>	Blood pressure checked by doctor	\$20	Members, ages 18 to 20, identified with a diagnosis of diabetes or hypertension	0
<b>Well-Woman Programs</b>				
<b>Chlamydia Screening</b>	Completion of annual chlamydia screening	\$20	Female members, ages 16 to 20	0