

HEDIS® Guide

Adult Quick Tips

Submit consistent, detailed claims to help reduce medical record review in your offices. Include all existing conditions on the claim at the time of each visit.

Schedule regular checkups and/or blood work for members who are on long-term medications.

Assess member compliance/adherence to long-term medication therapy.

Document in your medical record all the procedures done by other physicians, including the date performed and the result of the test. Include physician's name and specialty type (e.g., GYN).

Women's Preventive Screenings:

Cervical Cancer Screening: Women ages 21–64 who had cervical cytology performed within the last 3 years, women ages 30–64 who had cervical high-risk human papillomavirus (hrHPV) or who had cervical cytology/high-risk co-testing performed within the last 5 years. Sample must be sent to lab vendor for analysis. Exam can be done by PCP.

CPT Codes: 88141-88143, 88147, 88148, 88150,
88152-88154, 88164-88167, 88174, 88175

HCPCS: G0123, G0124, G0141, G0143-G0145,
G0147, G0148, P3000, P3001, Q0091

HPV Tests: 87620-87622, 87624, 87625

HCPCS: G0476

Chlamydia Screening: Sexually active women ages 16–24 years should be tested with either a urine analysis or vaginal swab from the same ThinPrep used for a Pap smear. Samples must be sent to lab vendor for analysis.

CPT Codes: 87110, 87270, 87320, 87490-87492, 87810

Breast Cancer Screening: Women ages 50–74 years should be referred for a Screening Mammogram at least every 2 years.

CPT Codes: 77055-77057, 77061, 77062, 77063,
77065, 77066, 77067

Osteoporosis Management: Women ages 67–85 years who have had a fracture need a Bone Mineral Density Test or a prescription for appropriate osteoporosis treatment within 6 months of the fracture.

Bone Mineral Density Tests

CPT Codes: 76977, 77078, 77080-77082, 77085, 77086

Osteoporosis Therapy (after fracture)

HCPCS: J0897, J1740, J3110, J3487-J3489

Telehealth POS: 02

Telephone Visits: 98966-98968, 99441-99443

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Men's and Women's Preventive Health Visit:

One annual preventive health visit:

- CPT Codes: *Ages 18–39*: 99385, 99395
Ages 40–64: 99386, 99396
Ages 65+: 99387, 99397
- For Medicare Advantage:
- Initial Preventive Exam: G0402;
- Annual Wellness: G0438, G0439

Adult Men and Women:

Colorectal Cancer Screening:

Ages 50–75 years who had an

- FOBT in measurement year (CPT 82274,82270)
- FIT-DNA Cologuard in measurement year or 2 years prior (CPT 81528) (must be sent to lab vendor for analysis)
- CT Colonography (CPT 74261-74263) in measurement year or 4 years prior
- Flexible Sigmoidoscopy (CPT 45330-45335, 45337-45342, 45345-45347, 45349, 45450) in measurement year or 4 years prior
- Colonoscopy (CPT 44388-44394, 44397, 44401-44408, 45355, 45378-45393, 45398) in measurement year or 9 years prior

Body Mass Index (BMI): To be calculated and documented at every visit. For members 20 years of age or older, a weight/BMI value in the measurement year or previous year. Members who are less than 20 years of age, height/weight/BMI percentile in the measurement year or previous year. Please add the following Dx codes to your claim:

| Adult BMI Values (ICD-10) Use for members 20 years of age or older | |
|---|---------------|
| 19 or Less | Z68.1 |
| 20.0 to 24.9 | Z68.20–Z68.24 |
| 25.0 to 29.9 | Z68.25–Z68.29 |
| 30.0 to 39.9 | Z68.30–Z68.39 |
| 40.0 to 44.9 | Z68.41 |
| 45.0 to 49.9 | Z68.42 |
| 50.0 to 59.9 | Z68.43 |
| 60.0 to 69.9 | Z68.44 |
| ≥70 | Z68.45 |

| Adult BMI Values (ICD-10) Use for members 18 and 19 years of age. | |
|---|--------|
| BMI less than 5 th percentile | Z68.51 |
| BMI less than 5 th percentile to 85 th percentile: | Z68.52 |
| BMI less than 85 th percentile to 95 th percentile: | Z68.53 |
| BMI greater than or equal to 95 th percentile: | Z68.54 |

Care of Older Adults: Ages 66+ years, an annual assessment of the following:

- **Advance Care Planning:**

Advance directives, living wills, medical POA

| | |
|-------------|----------------------------|
| CPT Code | 99497 |
| CPT II Code | 1123F, 1124F, 1157F, 1158F |
| HCPCS | S0257 |

- **Medication Review and List of Medication or Transitional Care Management Services:**

Prescribing practitioner or clinical pharmacist must review medications *and* have a list of medications in the medical record with the same date of service as the review of the medications. Notation that the patient is not taking medication and the date it was noted will count toward this measure.

| Medication Review | |
|-------------------|---------------------|
| CPT Code | 90863, 99605, 99606 |
| CTP II Code | 1160F |
| Medication List | |
| CPT II Code | 1159F |
| HCPCS | G8427 |

- **Functional Status Assessment:** Documentation of ADLs, IADLs, cognitive status, ambulation status, sensory ability (hearing/speech/vision).
CPT II Code: 1170F, HCPCS: G0438, G0349

- **Pain Assessment:** Notation of a comprehensive pain assessment or notation of no pain.
CPT II Code: 1125F, 1126F

Medication Reconciliation Post-Discharge:

Ages 18 years and older, who have had an inpatient admission, should be seen within 30 days of discharge and the discharge medications should be reviewed with their current medications, including a list of the current medications.

CPT: 99495, 99496

CPT II Code: 1111F

Medication List: 1159F

Comprehensive Diabetes Care: Annual screenings for diabetic members. Samples should be sent to lab vendor for analysis. If labs are done in the office, please use the following codes on claims for results:

| HbA1c Results | |
|--|-----------------------------------|
| <7% | 3044F |
| 7%–9% | 3045F |
| >9% | 3046F |
| HbA1c Test | |
| CPT | 83036, 83037 |
| Nephropathy Screening | |
| CPT II Codes | 3060F, 3061F, 3062F, 3066F, 4010F |
| Annual Dilated Retinal Eye Exam | |
| <p>By optometrist or ophthalmologist in measurement year or negative exam in prior year.</p> <p>Negative Diabetic Retinal Screening CPT II: 3072F</p> <p>Diabetic Retinal Screening With Eye Care Professional CPT II Codes: 2022F, 2024F, 2026F</p> | |
| Blood Pressure | |
| Systolic BP<130 | 3074F |
| Systolic BP 130-139 | 3075F |
| Systolic BP ≥140 | 3077F |
| Diastolic BP <80 | 3078F |
| Diastolic BP 80-89 | 3079F |
| Diastolic BP ≥90 | 3080F |



Quality care is a team effort. Thank you for playing a starring role.

This document is an informational resource designed to assist licensed healthcare practitioners in caring for their patients. Healthcare practitioners should use their professional judgment in using the information provided. HEDIS measures are not a substitute for the care provided by licensed healthcare practitioners and patients are urged to consult with their healthcare practitioner for appropriate treatment.